



## Dallas Vascular Center

1222 N. Bishop Ave., Ste. 500, Dallas, TX 75208 PH: 214-943-1687 FAX: 214-943-9373

### YOU HAVE AN APPOINTMENT AT DALLAS VASCULAR CENTER

DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

**\*IF YOU ARE UNABLE TO KEEP YOUR APPOINTMENT FOR ANY REASON. PLEASE CALL 214-943-1687 TO RESCHEDULE.**

### **9 Steps to Making Your Appointment A Success!**

- 1.) Please bring your insurance card(s) and photo ID with you.
- 2.) **YOU MUST HAVE SOMEONE TO DRIVE YOU HOME UNLESS OTHERWISE STATED DURING THE SCHEDULING OF YOUR APPOINTMENT.** This is due to the medications we use to make you comfortable which will make you drowsy and unable to drive yourself.
- 3.) Please do not bring any valuables with you, i.e. jewelry, money, etc. While we provide patient lockers and the patient or their caregiver keeps the key, we cannot be held responsible for any items which may be lost, stolen or damaged.
- 4.) Please do not wear any makeup or fingernail polish. This masks certain areas of the body we use to monitor important physiological functions during your procedure.
- 5.) Please wear comfortable clothing. You will change into a hospital gown for your procedure.
- 6.) **PLEASE DO NOT EAT OR DRINK ANYTHING FOR AT LEAST 8 HOURS PRIOR TO YOUR APPOINTMENT TIME.** However, if you take blood pressure medications **DO TAKE YOUR BLOOD PRESSURE MEDICATION WITH A SMALL AMOUNT OF WATER.**
- 7.) Consult your referring physician regarding additional regularly prescribed medications. **DO NOT** take any medications your physician has not recommended, i.e. aspirin, vitamins, etc.
- 8.) If applicable, do not take insulin, **but** check your blood sugar. Contact your physician immediately with any concerns related to your blood sugar levels.
- 9.) Following your procedure, discharge instructions will be given to you. These instructions must be followed unless advised otherwise by your physician.